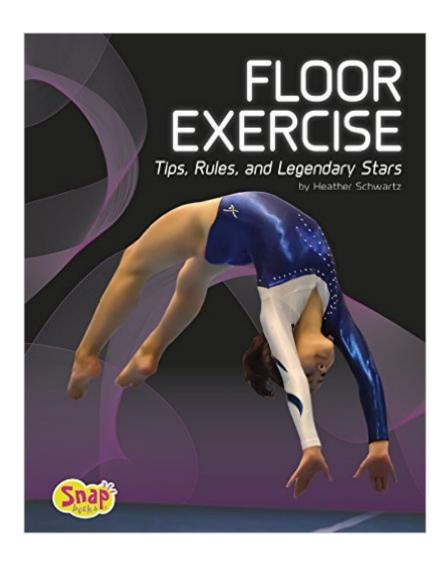
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Floor Exercise: Tips, Rules, And Legendary Stars (Gymnastics)





Synopsis

Floor exercise requires a lot from a gymnast. You need artistry, precision, and skill. But the feeling you get when you stick a complicated tumbling pass, makes all your hard work and dedication worth it. Learn everything you need to know to compete in floor exercise.

Book Information

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